



QP CODE: 21000733



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Reg No :

Name :

M Sc DEGREE (CSS) EXAMINATION, JULY 2021

Fourth Semester

Faculty of Science

M Sc PSYCHOLOGY

Elective - PY800402 - PSYCHOTHERAPY

2019 Admission Onwards

64F8B2BD

Time: 3 Hours

Weightage: 30

Part A (Short Answer Questions)

Answer any **eight** questions.

Weight **1** each.

1. Ingredients in psychotherapy.
2. Psychotherapist.
3. Therapeutic relationship in psychoanalytic psychotherapy.
4. Interpersonal therapy.
5. Goals of gestalt psychotherapy.
6. De-reflection.
7. Name the stages of Group therapy.
8. Features of ahistorical style of Family Therapy.
9. Work phase in play therapy.
10. Media in play therapy.

(8×1=8 weightage)

Part B (Short Essay/Problems)

Answer any **six** questions.

Weight **2** each.

11. How are psychotherapies classified?
12. Discuss the findings of efficacy studies of psychotherapy.
13. Major characteristics of psychoanalytic clients.





14. Examine and evaluate different techniques in gestalt therapy.
15. Existential therapists work towards helping clients challenge the meaning in their lives. Explain.
16. Elucidate the key concepts in structural family therapy.
17. Limitations and criticisms of behavioural family therapy.
18. Briefly explain the major challenges in play therapy.

(6×2=12 weightage)

Part C (Essay Type Questions)

Answer any **two** questions.

Weight **5** each.

19. Discuss and evaluate the major techniques used in psychoanalytic psychotherapy.
20. Apply Transactional Analysis for a client with marital issues and evaluate the effectiveness.
21. Highlight the specialities and goals of different media or activities in play therapy.
22. Describe the various techniques used in Play Therapy.

(2×5=10 weightage)

